# Mt. Vernon Middle School Life Coach

# MVMS Philosophy of Student Support

- MVMS also wants to support the whole child by addressing the academic, behavioral, and social needs of all students.
- We have found that students are most successful when proactive measures are put in place.
- Maximizing the time students receive direct instruction from their teachers is a top priority. Therefore we work to actively reduce the number of suspensions and expulsions (time out of class).

#### Past to Present

- As a part of the 2020-2021 School Improvement Plan, the middle school included goals to decrease the number of out of school suspensions, in-school suspensions, and expulsions.
- A Life Coach position was added as a proactive measure to help MVMS reach this goal.

# Proactive Measure of Student Support

- Life Coach Referrals
- Team At-Risk Meetings
- STEP (Student Teacher Expectation Plan)
- Disproportionality Committee Meetings
- Relationship Building
- Behavioral Problem-Solving Strategies



### Reactive Measures of Student Support

- Time Outs
- Lunch Detentions
- In-School Suspension



### Data Tracking

- Collect Data through a Data Tracking Tool
  - STEP
  - Share Data during At-Risk Meetings and Disproportionality Meetings
  - Discipline Data Spreadsheet
  - MVMS At-Risk Log
  - Intervention-Tracking



### Areas of Support

Number of Students who Receive Support (2021-2022, Quarters 1-3)

Academic Support 44

Motivational Support 101



#### Intervention Goal

- Through the end of quarter 3, 62.5 % of the 232 students who have received an intervention with the Life Coach, have not had a second referral.
  - We are thrilled with this success, but we want to increase this percentage to 70%.

#### Intervention Goal

- Of all students who have received some type of intervention beyond Tier 1 (mentoring, Life Coach, At-Risk Team Meeting, Counselor Groups, GOAL Classes), 92% have had 2 or fewer office referrals.
  - Our goal was 70%, so we have far surpassed this, and will be revising for next year.

Thank you the opportunity to share the success of our Life Coach interventions.